



# 2023 PICKLEBALL CLINICS

PICKLEBALL CLINICS WILL RUN JUNE 6<sup>TH</sup> - AUGUST 1<sup>ST</sup>  
REGISTER FOR CLINICS VIA PROMONTORY'S MEMBER APP/WEBSITE

8 players per clinic (unless otherwise specified)  
\$35 per clinic (unless otherwise specified)  
Clinics are held at the Mountain Garden Park

## JULY CLINICS

### Monday, July 3<sup>rd</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Block Drops & Diffuse a Drive

30 Minutes of Play

### Wednesday, July 5<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Doubles Strategy

30 Minutes of Play

### Sunday, July 9<sup>th</sup>

10:00 am - 12:00 pm

Round Robin (*Limited to 4, 8 or 12 players*)

*\$15 Per Person*

### Monday, July 10<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Dinking to Win

30 minutes of play

### Wednesday, July 12<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Dinking Drills

30 Minutes of Play

### Monday, June 17<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

### Monday, June 17<sup>th</sup>

10:15 am - 11:45 am

Skills Development: Serves and Returns

30 Minutes of Play

### Wednesday, July 19<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Volleys from Kitchen & Mid Court,  
& Drive or Diffuse

30 Minutes of Play

### Pickleball Boot Camp

3 day camp with Instructors:

Dee Ahern & Myrna Lueck

\$450 per person

Day 1: Monday, July 24<sup>th</sup>

8:30 am - 11:30 am

NVZ

Day 2: Tuesday, July 25<sup>th</sup>

8:30 am - 11:30 am

Mid Court

Day 3: Wednesday, July 26<sup>th</sup>

8:30 am - 11:30 am

Doubles Strategy & Doubles Strategy

### Monday, July 31<sup>st</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: NVZ Dink, Drive, or Lob and How  
to Safely Retrieve a Lob

30 Minutes of Play



# 2023 PICKLEBALL CLINICS

PICKLEBALL CLINICS WILL RUN JUNE 6<sup>TH</sup> - AUGUST 1<sup>ST</sup>  
REGISTER FOR CLINICS VIA PROMONTORY'S MEMBER APP/WEBSITE

8 players per clinic (unless otherwise specified)  
\$35 per clinic (unless otherwise specified)  
Clinics are held at the Mountain Garden Park

## AUGUST CLINICS

### Wednesday, August 2<sup>nd</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring, & Court Play

10:15 am - 11:45 am

Skills Development: Baseline Drops & Drives

30 Minutes of Play

### Monday, August 7<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Offensive & Defensive Lobs

30 Minutes of Play

### Wednesday, August 9<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Drives and Blocks

30 Minutes of Play

### Sunday, August 13<sup>th</sup>

9:00 am - 11:00 am

Round Robin (*Limited to 4, 8 or 12 players*)

*\$15 Per Person*

### Monday, August 14<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Court Positioning & Doubles Strategy

30 Minutes of Play

### Wednesday, August 16<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

### Wednesday, August 16<sup>th</sup>

10:15 am - 11:45 am

Skills Development: Dinks, Straight On, Cross Court & Volley Dinks

30 Minutes of Play

### Monday, August 21<sup>st</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Court Position & Shot Selection

30 Minutes of Play

### Wednesday, August 23<sup>rd</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Transition Zone Strategy

30 minutes of play

### Monday, August 28<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development: Dinking to Win

30 minutes of play

### Wednesday, August 30<sup>th</sup>

8:30 am - 10:00 am

Introduction to Pickleball: Rules, Scoring & Court Play

10:15 am - 11:45 am

Skills Development

Serve Variations: Spin, Lofty, Low Angle, Deep

30 minutes of Play