



THE SHED SPORT COURT SCHEDULE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------------------------|------------------------------|---|------------------------------------|---|------------------------------|---|
| VOLLEYBALL 11 AM - 3 PM | VINYASA YOGA 9 AM - 10 AM | HITT 30 MIN CARDIO 8:30 AM - 9 AM | VINYASA YOGA 9 AM - 10 AM | HITT 30 MIN CARDIO 8:30 AM - 9 AM | VINYASA YOGA 9 AM - 10 AM | HITT 30 MIN CARDIO 8:30 AM - 9 AM |
| | | SCULPT & TONE 9:15 AM - 10:15 AM | | SCULPT & TONE 9:15 AM - 10:15 AM | | SCULPT & TONE 9:15 AM - 10:15 AM |
| | | PICKLEBALL 4 PM - 9:30 PM | RESTORATIVE YOGA 4 PM - 5 PM | VOLLEYBALL 4 PM - 9:30 PM | | PICKLEBALL 11 AM - 3 PM |

*OPEN COURT AVAILABLE ALL OTHER TIMES