

# THE SAGE SPA AT DOUBLE DEER

## THE SAGE EXPERIENCE

We welcome you to the Sage Spa and invite you to experience a tradition of healing and relaxation. Your journey begins in a private luxury suite, equipped with a shower, changing area and treatment room all-in-one. Choose from a variety of teas to enjoy as you soak in your surroundings. We encourage you to set your intention for this bodywork session, to create a positive path toward relaxation and healing of body, mind, and spirit.

## SAGE SPA SERVICE

Customize each experience by selecting the amount of time you spend in the treatment room.

### **Decompression Time in treatment room - 15 minutes \$15**

Reserve additional time in the treatment room for privacy to shower and decompress prior to and/or after your service.

### **ASHI [foot] Soak - Complimentary service (optional)**

Submerge your feet in a therapeutic, mineral soak and refreshing mimosa algae wash. Your service provider will rinse the feet and dry with a warm towel. This will assist in relaxation throughout the body, resulting in overall wellness

**Decompression Time and Ashi Soak must be scheduled at time of booking.**

## MASSAGE THERAPY

The use of a warm clay pack for deep soothing muscle therapy is included in each massage service unless otherwise specified.

**Sabai Sage Massage** - *Sabai; to relax and be comfortable.* Light, medium or deep pressure available

60 Minutes \$150 | 90 Minutes \$200 | 120 Minutes \$250

**Bambo Hot Stone Massage** - An elegant massage combining hot basalt stones and warm bamboo sticks

90 Minutes \$215

**Himalayan Salt Stone** - Smooth Salt Stones promote deep relaxation and a grounding experience

90 Minutes \$220

**Plum Blossom Prenatal Massage** - available after 1<sup>st</sup> trimester

60 Minutes \$155 | 90 Minutes \$205

**Soul Connect Couples Massage** - Sabai Sage massage for two.

60 Minutes \$340 | 90 Minutes \$440

**Lomi Lomi** - A gentle yet deep, dance-like massage technique with a nurturing touch

*Available Monday's Only. Therapist availability is limited.*

90 Minutes \$200

## FACIALS

An exfoliating and hydrating lip treatment included with all facial services unless otherwise specified.

**Glowing Lotus Custom Facial** - for all skin types

60 Minutes \$155 | 90 Minutes \$205

**Wakai Anti-aging Facial** - *Wakai; forever young*

60 minutes \$170 | 90 minutes \$220

**Fire and Ice Facial** - *Contrast therapy to tighten, brighten and soothe*

60 minutes \$180

**Advanced Exfoliation and/or Product Infusion** - add any of the following to any facial

Diamond Microdermabrasion - Diamond tipped suction +\$30

Ultrasound - Low frequency vibrations +\$30

Dermasound - Utilizes water and ultrasonic vibrations +\$30

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## BODY RITUALS

**Sole Therapy** - This purifying foot treatment starts with a detoxifying scrub and ends with a relaxing and revitalizing foot massage.

20 minutes \$70

**Gingergrass Bamboo Body Scrub** - A gentle scrub is used to reveal a natural, healthy smooth glow. The exfoliating powers of bamboo polish away impurities while soothing and toning the skin. This treatment ends with a luxurious application of a silky plum cream, providing hours of healing hydration.

30 minutes \$90

**Red Flower Body Ritual** - A purifying and meditative ritual, blending 7 layers of exceptional ingredients and pure scents designed to revitalize and care for the whole body. To start, a warming Gingergrass and Bamboo exfoliant are used to increase circulation and move vital energy throughout the body. A cherry blossom rice buff to follow will aid in the release of muscle tension before a Kinmoxei Wild Lime Silk oil is applied prior to the wrap. Take in the warmth as a blend of antioxidants, mint and chlorophyll are used to awaken the immune system followed by a Rose mist, preparing the body for an application of Plum Blossom Silk Cream.

60 Minutes \$150

## PACKAGES

### **REJUVENATION**

Gingergrass Bamboo Body Scrub | 60-minute Sabai Sage Massage

90 minutes \$225

### **SERENITY**

Red Flower Body Ritual | 60-minute Sabai Sage Massage

120 minutes \$285

### **VITALITY**

Kinmoxei Wild Lime Scalp Ritual | 60-minute Glowing Lotus Facial | 90-minute massage of choice

150 minutes \$340

## ADD-ONS

**24-hour reservation required**

Extended Treatment Time (massage only) - 15 minutes \$30

Migraine Relief w/ Marble Stones - 15 minutes \$40

Nature's Root CBD oil - Facial \$20 | Massage \$30

Kinmoxei Wild Lime Scalp Ritual - \$25

Paraffin on hands OR feet - \$15

## WAXING AND TINTING

Lip/Chin \$20

Nostril \$15

Sideburns/Cheek \$15

Eyebrow Wax \$35

Full Face \$70

Brow Tint \$25

Lash Tint \$40

Red Flower, known for its unique approach to health and beauty, provides an inviting and unique oasis that transports the senses and inspires self-care, connection, and memory. A Red Flower treatment is an experience made with pure, certified organic botanical ingredients. Each treatment is delivered with a meaningful purpose, made extraordinary by the multi-layered effects that are unique and centers around wellbeing and the purity found in nature. Red Flower is dedicated to maintaining the delicate balance of the earth's ecosystem with sustainability sourced products made in micro batches to ensure quality and freshness.

Nature's Root is an organic and sustainably based CBD company with hemp farms in Colorado and throughout the world. Their farm Colorado Hemp Project, established in 2013, was the first company in the US to receive a legal license to grow industrial Hemp under Amendment 64. They have won countless awards, the most recent being the World's Best CBD Cream/Bal in 2019. Nature's Root offers a branded line of organically grown, processed and manufactured Skin Care, Body Care and Therapeutic CBD based products.

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