

# THE SAGE SPA AT DOUBLE DEER

## THE SAGE EXPERIENCE

We welcome you to the Sage Spa and invite you to experience a tradition of healing and relaxation.

Your journey begins in a private luxury suite, equipped with your own shower, changing area and treatment room all-in-one. Choose from a variety of teas to enjoy as you soak in your surroundings.

We encourage you to set your intention for this bodywork session, to create a positive path toward relaxation and healing of body, mind, and spirit.

## ASHI [foot] CLEANSING RITUAL

Each treatment begins with the Ashi ritual, where you will submerge your feet in a therapeutic, mineral soak. Your service provider will cleanse the feet using a refreshing mimosa algae wash and dry with a warm towel. This ritual aids in the release of tension in the feet which will assist in relaxation throughout the body, resulting in overall wellness.

## SAGE SPA SERVICES

### MASSAGE THERAPY

30 minutes will be added to each service to disrobe and for use of the in-room amenities prior to and/or after your service.

This time is included in the price of each service.

*Extended decompression time is available at an additional cost.*

*The use of a warm clay pack for deep soothing muscle therapy is included in each massage service unless otherwise specified.*

**Sabai Sage Massage** - Sabai; to relax and be comfortable.

60 Minutes \$170 | 90 Minutes \$220

\*Bamboo Hot Stone +\$15

\*Hot and Cold Stone +\$15

\*Himalayan Salt Stone +\$20

**Plum Blossom Prenatal Massage** - available after 1<sup>st</sup> trimester

60 Minutes \$170 | 90 Minutes \$220

**Zen Ashiatsu** - a barefoot massage technique using comfortably deep gliding pressure over the body.

*24-hour reservation required.*

90 Minutes \$235

**Soul Connect Couples Massage** - Sabai Sage massage for two.

60 Minutes \$360 | 90 Minutes \$460

**\*Available in 90 minute sessions only**

### FACIALS

30 minutes will be added to each service to disrobe and for use of the in-room amenities prior to and/or after your service.

This time is included in the price of each service.

*Extended decompression time is available at an additional cost*

**Glowing Lotus Custom Facial** - for all skin types

60 Minutes \$175 | 90 Minutes \$225

**Wakai Anti-aging Facial** - Wakai; forever young

60 minutes \$190 | 90 minutes \$240

**Microneedling** - minimally invasive skin rejuvenation procedure to treat a variety of skin conditions.

Consultation required.

Full Face \$300 | Full Face & Neck \$350 | Hands \$100

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## SAGE SPA SERVICES

### BODY RITUALS

**30 minutes will be added to each service to disrobe and for use of the in-room amenities prior to and/or after your services.**

**This time is included in the price of each service.**

*Extended decompression time is available at an additional cost.*

**Sole Therapy** - This purifying foot treatment starts with a detoxifying scrub and ends with a relaxing massage and refreshing foot mask.

30 minutes \$70

**Gingergrass Bamboo Body Scrub** - A gentle scrub is used to reveal a natural, healthy smooth glow. The exfoliating powers of bamboo polish away impurities while soothing and toning the skin. This treatment ends with a luxurious application of a silky plum cream, providing hours of healing hydration.

30 minutes \$90

**Red Flower Body Ritual** - A purifying and meditative ritual, blending 7 layers of exceptional ingredients and pure scents designed to revitalize and care for the whole body. To start, a warming Gingergrass and Bamboo exfoliant are used to increase circulation and move vital energy throughout the body. A cherry blossom rice buff to follow will aid in the release of muscle tension before a Kinmoxei Wild Lime Silk oil is applied prior to the wrap. Take in the warmth as a blend of antioxidants, mint and chlorophyll are used to awaken the immune system followed by a Rose mist, preparing the body for an application of Plum Blossom Silk Cream.

90 Minutes \$200

### PACKAGES

**30 minutes will be added to each package to disrobe and for use of the in-room amenities prior to and/or after your service.**

**This time is included in the price of each package.**

*Extended decompression time is available at an additional cost.*

#### **REJUVENATION**

Gingergrass Body Scrub | 60-minute Sabai Sage Massage  
90 minutes \$250

#### **SERENITY**

60-minute Glowing Lotus Facial | 90-minute massage  
150 minutes \$370

#### **VITALITY**

Red Flower Body Ritual | 60-minute Sabai Sage Massage  
150 minutes \$350

### ADD-ONS

**24-hour reservation required**

Extended treatment time (massage only) - 15 minutes \$35

Decompression Time in treatment room - 15 minutes \$25

Migraine Relief w/ Marble Stones - 15 minutes \$40

Nature's Root CBD oil - Facial \$20 | Massage \$40

Kinmoxei Wild Lime Scalp Ritual \$25

### WAXING AND TINTING

**Decompression time not included**

Lip/Chin \$20

Nostril \$15

Sideburns/Cheek \$15

Eyebrow Wax \$35

Full Face \$70

Brow Tint \$25

Lash Tint \$40

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